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End of November 2020

Dear Byfielder,

It's been a while since a village-wide newsletter and we hope you've been keeping as well as possible.

Everything we're doing can be found on our website:

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If this is your first Good News(letter) the second half of the newsletter has information on:

- · Shopping help
- · Prescriptions delivery
- · Hunkering in the Byfield Bunker- what's still fun in Byfield
- · How to get involved
- · Supporting us financially
- · Who else needs help?

What your Good Neighbours have done for Byfield to date....

We have been helping the village even whilst restrictions were relaxed ...

The phone line has been operational daily until 2pm. Leave a message outside these times, and we'll call you back.

Those in need of having their shopping collected have been helped throughout. Get in touch if you need anythign fetching, even if you're only temporarily unable to go out.

Nice surprises have been delivered to villagers' homes, by a dedicated team of bakers and deliverers regularly. If you know anybody who would appreciate a bit of extra contact, do let us know.

Prescriptions have been delivered as required. Get in touch if you need something brought to you from the surgery.

Lots of items have been moved around the village to new homes, thanks to being offered and requested via Share our Shed, from beds, not ask and see it someone in the village ean neip you out mat:

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We're supporting families and elderly villagers who need extra support with food or essentials. Looking forward to Christmas, get in touch if you'd like to be on our radar for any help we can give.

We're able to help you with advice for services and other support available - we've helped people find a boiler engineer, access the Warm Homes Discount, navigate the DWP, etc. Ask us and see if we can help point you in the right direction.

We're sure you'll join us in thanking each and every one of the volunteers - every one has been incredible.

Lots of people have told us that Good Neighbours have inspired them to reach out and build relationships with their neighbours directly, & we're thrilled if this is the case! Every small act of kindness can increase the overall community feeling in Byfield - even if you're not technically a volunteer in Good Neighbours! - and we all thank you equally for doing so.

We're very proud to have been recognised by the wider community for our work, with the Award of 'Community Champions' from Northants ACRE's Northants Village Awards team. Karen got a special mention, which is certainly deserved, we think you'll agree!



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One of the windows in the 2019 Hooky Live Advent Calendar display

Jo B is kindly organising a village-wide 'Window Advent Calendar'.

Every day of Advent, a new Christmas themed window will be lit up.

We'll publicise which window will be newly lit at 4.30pm each day and all villagers are welcome to come along and view each day - perhaps use the newest window as your exercise destination to mix it up a bit?

If you'd like to join in, contact Jo to select your day and be inspired.

07795 485757

Above is an example from last year's Hook Norton display.



Requests

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Dining Table & chairs (ideally 6)

We're planning to support those for whom this Christmas will be partcularly difficult, with food, essentials and gifts.

If you'd like to make donation towards the Christmas hampers we're arranging, items that are in a fit state to be re-gifted - for any age - are very welcome.

If you'd like to discuss how we use your donations, or have a suggestion, you're very welcome to get in touch and share your ideas.

Offers

Large bookcase - available from Monday

We have lots of volunteers willing to keep in touch with villagers over Christmas, particularly if the restrictions mean you are expecting no visitors - if that is you, or someone you know, do get in touch soon so we can introduce you in plenty of time. Even if you're not totally on your own, you're welcome to meet some new friends via Good Neighbours.

If you would like a traditional Christmas Lunch delivered so you can heat it up, let us know and we'll add you to our list!

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New Quiz round up

Thanks to Chris for providing us with our quizzes.

New quiz - Round 16 'Sixties Pop Musicl' up now.

There's other activities you might like to look at on the website

Jigsaws are still available to borrow - get in touch via the website to find out what's in stock.

Winter Fuel Worries

Have you checked whether you can get a Warm Homes Discount on your energy bills - it could be worth £140 off your bills, whether you are on pre-pay or billed monthly?

Get in touch if you want help in how to check or if you'd like to be

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well as your eligibility for assistance like the Warm Homes Discount.

Thinking about getting out and about?

As the national Lockdown2 relaxes, we'll be in 'Tier 2' (at the moment!!)

We still have some stocks of our 'PPE packs' of a homemade mask, together with hand sanitiser, gloves and some guidance. If you need to go to hospital or on public transport, why not get in touch?



The next thing you may encounter might be a 'Track and Trace' contact – as some of us are already experiencing – if you've been out and been in contact with someone who then has a positive Covid Test result.

The guidance on what to then do is on the NHS website, but if you want help to work though what it means for you and your family, we can help you think it through, just give us a call.

https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/nhs-test-and-trace-if-youve-been-in-contact-with-a-person-who-has-coronavirus/

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ir you to unolear on what you to allowed to do - or not: - we to happy

help you answer your questions.

Are you prepared for an emergency?

Don't forget, you do not have to be old or infirm for it to be a sensible precaution to get prepared!



We also want to make sure that you know, if – for any reason – you are taken into hospital, no-one is automatically notified – not the Surgery, nor Good Neighbours – and the hospital can not tell us if we try and track you down.

If you would like us to know if this happens – perhaps you have a pet you'll need looking after, or we can get you some food for when you come home, why not speak to us now and we can help you put some things in place ahead of time?

We can also hold your ICE information (In Case of Emergency) for your family members and friends who might be worried about you.

Don't forget to send them one of our business cards as well so they know how to reach us too. Ask if you need some more copies - we

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Want to get involved as a Good Neighbour?

If you're keen to support your neighbours remotely, there are lots of ways to do that – if you're shopping in the Co-op, why not drop something in the Pink Pantry? You can pop something extra in your basket when out shopping, and leave it at The Old Bakehouse, 7 High St and we can ensure it ends up with someone who will be grateful for it.

We're also starting to look forward towards a normal 'Good Neighbours' set up, and would like to hope that all of our new friends and supporters will continue to be involved. If you're thinking along those lines, here's a couple of ideas:

Jigsaw Librarian – oversee the ins and outs of the village's jigsaw supplies

Café&Co – our café runs once a month on a Sunday afternoon – we need cake makers, kitchen staff, welcomers, and a co-ordinator – could this be you?

Nice Surprises - these have been such a hit, we'd like to keep this going beyond CoVid.

See more information below or on the website.

Are you worried about someone in Byfield needing help?

If you know of someone who would like a 'care call' from us - either

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Other support options are listed on our <u>Useful Numbers</u> Page, including the County helpline.

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If you know someone who is jealous of your Good Neighbours, refer them to this helpful map of similar support in Northamptonshire.

MAP . Elsewhere, search Mutual Aid + their location and they should find help nearby.

Your friends and family are welcome to get in touch to help support you.

For example, several people's children are paying for their shopping orders electronically, rather than using up your cash (very unhygienic anyway!!). We're more than happy to arrange things with family members – they can even send us your shopping requests - one chap always adds a bunch of flowers for his mum!

We've made special birthday visits, with cards and treats to Byfielders whose families are too distant during the Pandemic, and a talented Byfielders made a birthday cake for an important milestone so the lady had something to offer family members when they visited to talk in the garden. Get in touch if we can help you make your relative or friend feel loved.

Who do you know who should be signed up to

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Sign up for the Good News Newsletter



Shopping

Call the main number to request your items 01327 227000. See here for what shopping we can do for you.

Deliveries happen once your shopping has been collated, but please note we can not guarantee by a certain time, although so far we've been very quick! Plan ahead if you can. You can of course call for help with fetching an urgent item request, but make sure it is made clear that it is urgently needed.

Currently, you can also order and pay over the phone direct to the Coop - Good Neighbours will bring your order to you in our delivery round.

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Prescription Deliveries

The surgery is currently open for prescription pick-ups at the back door. We can help with this if required - the process is :

Order your prescriptions with the Surgery (01327 265841) between 10 & 12pm, and 2-4pm or online.

Let us now when it will be ready for collection.

When the item is ready for delivery, a Good Neighbour will bring it to you. Surgery staff bring controlled substance prescriptions separately.

Please note -

- We can not leave a prescription if you are not in it will be returned to the surgery and we will try again the following day.
 Speak to the surgery if you want alternative arrangements made.
- We will take a photo of you receiving your medicines for proof of delivery - you can hide behind the door if you wish, but this is necessary to protect you and us - written acceptance is suspended due to distancing requirements. See our website for Data Protection & Confidentiality Policy on how we keep and store your information.

See <u>here</u> for more advice on safely receiving a prescription or a delivery.

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The website is still live and available for everyone in the village - click on the <u>Byfield Bunker</u> on the website and keep checking back for more ideas.

Old Thing, New Thing - Something that is old hat to someone else, might just be an exciting new thing for you! We have games, jigsaws and books & DVDs you can borrow. We have quarantined them, so you can have them safely - we'll even bring them to you! Request via the webpage.

Share our Shed - There'll be things going wrong in our houses over the coming weeks, or little jobs that we want to get done. We can't just pop to the shop any more, but - between us - we probably have everything we need in our sheds. Send an S.o.S (Share our Shed) request from this page, and let's see if we can crowdsource what you need. You can also get in touch to offer things like free logs to your neighbours if you'd like.

<u>Dorothy's Store Cupboard</u> - Dorothy has lived through leaner times than this! If you're running out of ideas, why not ask Dorothy what she would make out of what's in your pantry and show us the yummy results!

Remotely, Together - this is where we're storing suggestion, ideas,

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This is also where you'll find pages such as NN11 Nature : we're spending a lot of time near Byfield at the moment - perhaps exercising more than usual in the countryside. Share your images of beautiful Byfield, or suggest new spots that villagers might not know about. Join us helping your neighbours even if you are stuck at home if you can sew by becoming one of our MaskMasters.

Kid Zone - a repository of home-schooling resources and ideas to keep the kids entertained - download colouring in pages to say thankyou to our binmen and posties, or see the Teddy Bear Hunt around the village. We've also got a <u>Children's Library</u> from a kind volunteer, and now family DVDs too. One lovely grandma is recording bedtime stories for her grandchildren, and you can watch those videos with your little ones on there too!

Byfield Bush Telegraph - whether you are on your own usually or not, this might be a particularly difficult time to show someone you care. You can leave a message for a Byfielder on our Bush Telegraph page - or a general message of positivity is just as welcome. We are also matching new friends to keep in touch with each other - let us know if you'd like to be a penpal with someone new - young or old!

<u>Useful Numbers</u> - a repository of useful contacts for this pandemic period.

This is the village's resource - let us know what you are doing or would like to see happen - all ideas are welcome, all the more so if you can make the idea work !! Email us any time.

How to Volunteer

New volunteers are always welcome - whether you are able to go out or are currently self-isolating. Call or email us and ideas for help you

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We have registered ourselves with Daventry District Council and Northants County Council as the local volunteering support, as well as on Mutual Aid and People Together. We understand that they will direct enquiries to us, but no clarity on that as yet. The NHS volunteer recruitment site is reportedly often overwhelmed, but we can put people to work for us in Byfield straight away!!

Don't forget, we expect that people will have different levels of availability throughout this time. We appreciate that you all have to make your own decisions for your own household, and if that means removing yourself from physically contributing to GN for a while, that is totally understood.

Apply <u>via the website</u> and we will get you helping your neighbours in no time!

Supporting us financially

In response to requests for ways to support us financially, we have set up a <u>GoFundMe</u>.

We've been amazed at the response so far from villagers, both via GoFundMe and direct donations.

Not everyone wants to be public about their donations, but you know who you are, and THANK-YOU!

That has allowed us to buy and host the website for the foreseeable future, to meet the phonebill & the DBS check charges we will have to pay, plus we can buy more efficiently from our sources with this as a float. With the donations counting as 'matched funding', we have had support from the HS2, Tesco & Daventry DC. We're now actively supporting households in urgent need, and your donations also literally are feeding the village.

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Who else should we be helping?

Do you know of someone who Byfield Good Neighbours could be supporting?

Encourage them to call us, or let us know and we can reach out to them.

Do your friends and family know that Byfield has a Good Neighbours Scheme - let them know that we are here for you, and that they can help us help you - for example, by setting up a PayPal account to remotely pay for shopping.

If you are on Facebook, follow us and share our posts please!

Finally, we've already supported other villages to get set up as Good Neighbours at speed, and we're more than happy to help anyone else - tell them to get in touch.

Thank-you so much for all your support,

Your Good Neighbours

Update 28/11/20 Byfield Good Neighbour Scheme



Neighbours helping Neighbours

ByfieldGNS@gmail.com

www.byfieldgoodneighbours.com

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49 Boddington Rd, Byfield

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