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Edition #3 - 24th April 2020

# Dear Byfielder,

Welcome to our third newsletter for the village - this is where we'll update you on how Byfielders are helping Byfielders in this difficult time.

The more everyone can do this, the better.

We volunteers are, however, just normal people doing their bit for their neighbours - we will do what we can, but please be patient.

Well over a month into #Lockdown, we hope you can take comfort that your Byfield Good Neighbours is there to support you.

The whole village should have had a flyer this week, but as a reminder, you do not have to be sick, old nor isolating to join in with the group sourcing via Good Neighbours – the goal is to reduce journeys for everyone, and that includes you.

We'd most particularly like to encourage key workers to utilise our support – let us help you, whilst you help us.

Everything we're doing can be found on our website:

# www.byfieldgoodneighbours.com

If this is your first Good News(letter) the second half of the newsletter has information on:

- Shopping help
- Prescriptions delivery
- · Hunkering in the Byfield Bunker- what's still fun in Byfield
- How to get involved
- Supporting us financially
- · Who else needs help?

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What your Good Neighbours have done for Byfield to date....

# As at today, 24th April, since #Lockdown:

We've fielded 205 calls to the helpline, plus emails, texts and Whatsapps.

We've delivered 189 shopping requests – the goods have been provided by the +1 Whatsapp Group Shoppers and from our direct-sourcing efforts, delivered by the team of Deliverers, co-ordinated by Karen.

We've delivered 15 newspapers a week since #Lockdown - thanks "paper-neighbours", plus over 20 other tasks such as posting items, moving things between neighbours, organising jigsaw & games swaps, etc.

We've delivered 599 prescriptions to households in the village and the surrounding farms. The most in one day was 43!

We've had 16 masks hand-made for us by generous villagers, thankyou.

337 households in the village out of 540(ish) are involved with Good Neighbours either volunteering, receiving deliveries or a bit of both, or had a care call from us:

That's 62%!!

We're sure you'll join us in thanking each and every one of the volunteers - every one has been incredible.

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We've also has some funding from Tesco Bags of Help CoVid support,
which we're very grateful for.

#### **New activities:**

#### Quizzers!

Missing the village quiz event? From the brains behind the usual enjoyable evenings, you'll find a <u>rotating selection of quiz rounds</u> to download and puzzle over.

Snap a photo of your completed sheet to be entered in to a lucky dip prize draw!

#### **Books**

Wanting to buy some more books during lockdown?

Step 1 - check our list to get them for free!

Step 2 - support an indie bookseller still doing deliveries - find one here

Step 3 - suggest a book for our remote bookclub

# **HomeSchooling**

Google are collating remote teaching resources <u>here</u> - no reason why parents can't make use of them too!

Check out our <u>Kid Zone</u> – non-parents, you might be able to help provide some fun activities for kids in the village too!

## Some new workout inspirations

#### Bored of the same old meals? Need some inspiration?

Why not Ask Dorothy? She's lived through leaner times than this and is happy to help! Get in touch to have a personal call with Dorothy as she coaches you through your cupboards and you too can conjure up something tasty from just what's in your cupboards today.

#### Don't forget ...

Running out of inspiration to keep the kids entertained? See the <u>Kids</u>

Zone and the <u>Childrens Library</u> for ideas, books to borrow, or even

Family DVDs as a reward for a hard-day's home-schooling. They are listed by age-appropriate ratings, so make sure you choose wisely. You can email your selection from the library from the webpage and we'll be in touch to organise your loan.

Fossil Hunt Did you know Byfield is a great place for a fossil hunt, for the young or old – the old ironstone is full of fossils if you look closely. See the website for fossils found in Byfield this week - can you spot more?

Done everything in your house (twice)? - Why not see the <u>list of</u> jigsaws, games and books on the website to bring something new into your life.

Rainbow pictures – if you have a rainbow picture, send us a photo for the website. We have neighbours who would love a rainbow picture to put up in their window – you could set your child to work - download a template from the website or bespoke freehand is even better

There's also a link on the site to download more great colouring-in posters for the NHS, or go direct: <a href="https://www.nhsmillion.co.uk/nhs-posters">https://www.nhsmillion.co.uk/nhs-posters</a>

# Your friends and family are welcome to get in touch to help support you.

For example, several people's children are paying for their shopping orders electronically, rather than using up your cash (very unhygienic anyway!!). We're more than happy to arrange things with family members – they can even send us your shopping requests.

#### Inspiring ideas from elsewhere

If you know someone who is jealous of your Good Neighbours, refer them to this helpful map of similar support in Northamptonshire

MAP

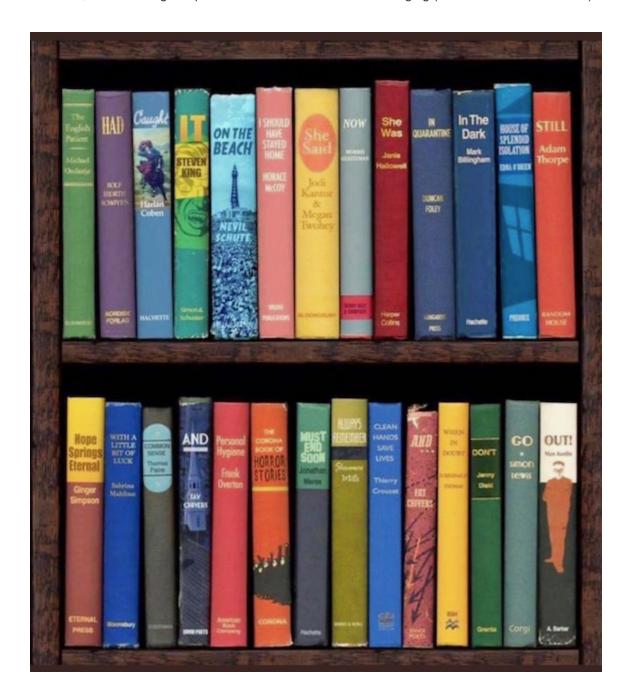
Elsewhere, search Mutual Aid + their location and they should find help nearby.

Have you thought about joining the Land Army. This site connects farms and locals willing to help - <u>Homegrown.earth</u>

# Smile of the Week

Disappointing to have no 'dressing up whilst walking your dogs' entries this week :(

Instead, we're sharing this productive afternoon of shelf-rearranging (read the titles from the left)



The perfect quarantine furniture doesn't exi-



02:41 · 19/04/2020 · Twitter Web App

"Wait, Leia, I think you're still on mute"



# Who do you know who should be signed up to



Sign up for the Good News Newsletter



IMPORTANT - everyone is allowed to benefit from having Good Neighbours in the village - the aim is to reduce the overall outings for everyone so we can all do more of #StayHome,SaveLives. You and your friends should be availing yourselves of the group's joint efforts, even if you can get out once a week to do your own shopping.

Call the main number to request your items 01327 227000. See <a href="here">here</a> for what shopping we can do for you.

Top tips -

#1 - Fruit and veg supplies (from our veg wholesaler) will come into the village on a Monday and a Thursday - plan ahead and get your requests in a couple of days before to ensure you have a fresh supply to hand without having to leave the village.

#2 - You do not need to be self-isolating or vulnerable to ask for your requirements to go on the list. The less we all travel the better - let us help you do that.

#3 - Don't like the idea of asking for help? If you are not in total isolation mode, perhaps you can join the team of shoppers to add 'one more thing' to your trolley for a neighbour?

Deliveries happen daily after 4pm.

You can also order and pay over the phone direct to the Co-op - Good Neighbours will bring your order to you in our delivery round.

# **Prescription Deliveries**

Order your prescriptions with the Surgery (01327 265841) between 10 & 12pm, and 2-4pm or online.

When the item is ready for delivery, a Good Neighbour will bring it to you. Surgery staff bring controlled substance prescriptions separately.

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#### Please note:

- We do not know who is due to be receiving a prescription, nor what you are receiving.
- We can NOT tell you a time we will be attempting a delivery, other than it will be after 2pm on a weekday.
- We can not leave a prescription if you are not in it will be returned to the surgery and we will try again the following day. Speak to the surgery if you want alternative arrangements made.
- We will take a photo of you receiving your medicines for proof of delivery - you can hide behind the door if you wish, but this is necessary to protect you and us - written acceptance is suspended due to distancing requirements. See our website for Data Protection & Confidentiality Policy on how we keep and store your information.

See <u>here</u> for more advice on safely receiving a prescription or a delivery.



Under #Lockdown we all have to stay at home as much as possible, but there's still plenty going on in Byfield. We're collating all this in the Byfield Bunker on the website. so keep checking back for more ideas.

Old Thing, New Thing - Something that is old hat to someone else, might just be an exciting new thing for you! Check here for the games, jigsaws and books you might be tempted by. We have quarantined them, so you can have them safely - we'll even bring them to you! Request via the webpage.

Share our Shed - There'll be things going wrong in our houses over the coming weeks. We can't just pop to the shop any more, but between us - we probably have everything we need in our sheds. Send an S.o.S (Share our Shed) request from this page, and let's see if we can crowdsource what you need.

<u>Dorothy's Store Cupboard</u> - Dorothy has lived through leaner times than this! If you're running out of ideas, why not ask Dorothy what she would make out of what's in your pantry and show us the yummy results!

Remotely, Together - this is where we're storing suggestion, ideas, useful links - including exercising at home for seniors and pages such as NN11 Nature: we're spending a lot of time near Byfield at the moment - perhaps exercising more than usual in the countryside.

<u>Kid Zone</u> - a repository of resources and ideas to keep the kids entertained - download colouring in pages to say thank-you to our binmen and posties, or see the Teddy Bear Hunt around the village. We've also got a <u>Children's Library</u> from a kind volunteer, and now family DVDs too.

Byfield Bush Telegraph - whether you are on your own usually or not, this might be a particularly difficult time to show someone you care. You can leave a message for a Byfielder on our Bush Telegraph page - or a general message of positivity is just as welcome. We are also matching new friends to keep in touch with each other - let us know if you'd like to be a penpal with someone new - young or old!

<u>Useful Numbers</u> - a repository of useful contacts for this pandemic period.

This is the village's resource - let us know what you are doing or would like to see happen - all ideas are welcome, all the more so if you can make the idea work !! Email us any time. Perhaps the famous village quizzers wants to set something for the group??

#### **How to Volunteer**

New volunteers are always welcome - whether you are able to go out or are currently self-isolating. Call or email us and ideas for help you can do from home are on the website.

We have registered ourselves with Daventry District Council and Northants County Council as the local volunteering support, as well as on Mutual Aid and People Together. We understand that they will direct enquiries to us, but no clarity on that as yet. The NHS volunteer Don't forget, we expect that people will have different levels of availability throughout this time. We appreciate that you all have to make your own decisions for your own household, and if that means removing yourself from physically contributing to GN for a while, that is totally understood.

Apply <u>via the website</u> and we will get you helping your neighbours in no time!

## **Supporting us financially**

In response to requests for ways to support us financially, we have set up a <u>GoFundMe</u>.

We've been amazed at the response so far from villagers, both via GoFundMe and direct donations.

Not everyone wants to be public about their donations, but you know who you are, and THANK-YOU!

That has allowed us to buy and host the website for the foreseeable future, to meet the phonebill & the DBS check charges we will have to pay, plus we can buy more efficiently from our sources with this as a float.

# Who else should we be helping?

Do you know of someone who Byfield Good Neighbours could be supporting?

Encourage them to call us, or let us know and we can reach out to them.

Do your friends and family know that Byfield has a Good Neighbours Scheme - let them know that we are here for you, and that they can help us help you - for example, by setting up a PayPal account to remotely pay for shopping.

If you are on Facebook, follow us and share our posts please!

Finally, we've already supported other villages to get set up as Good Neighbours at speed, and we're more than happy to help anyone else - tell them to get in touch.

Thank-you so much for all your support,

Your Good Neighbours

Update 24/4/20 Byfield Good Neighbour Scheme



Neighbours helping Neighbours

ByfieldGNS@gmail.com

www.byfieldgoodneighbours.com

		49 Boddington Rd, Byfield	
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