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Edition #1 - 10th April 2020

### Dear Byfielder,

Welcome to our first newsletter for the village - this is where we'll update you on how Byfielders are helping Byfielders in this difficult

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The aim of Good Neighbours is to help everyone #StayHome,SaveLives.

The more everyone can do this, the better.

We volunteers are, however, just normal people doing their bit for their neighbours - we will do what we can, but please be patient.

This newsletter has information on:

- · Shopping help
- Prescriptions delivery
- · Hunkering in the Byfield Bunker- what's still fun in Byfield
- How to get involved
- Supporting us financially
- · Who else needs help?

### Everything we're doing can be found on our website:

# www.byfieldgoodneighbours.com

A huge thank-you to Robert and Jo in helping us get this up and running in literally two days flat - you are remarkable people!

More prettifying and more pages to come, all ideas welcome - please spread it far and wide, and keep checking back to see us develop!

Call the main number to request your items 01327 227000. See <a href="here">here</a> for what shopping we can do for you.

Top tips -

#1 - Fruit and veg supplies will come into the village on a Monday and a Thursday - plan ahead and get your requests in a couple of days before to ensure you have a fresh supply to hand without having to leave the village.

#2 - You do not need to be self-isolating or vulnerable to ask for your requirements to go on the list. The less we all travel the better - let us help you do that.

#3 - Don't like the idea of asking for help? If you are not in total isolation mode, perhaps you can join the team of shoppers to add 'one more thing' to your trolley for a neighbour?

Deliveries happen daily after 4pm.

You can also order and pay over the phone direct to the Co-op - Good Neighbours will bring your order to you in our delivery round.

Don't forget everyone is allowed to benefit from having Good Neighbours in the village - the aim is to reduce the overall outings for everyone so we can all do more of #StayHome,SaveLives. You and your friends should be availing yourselves of the group's assistance, even if you can get out once a week to do your own shopping.

## **Prescription Deliveries**

When the item is ready for delivery, a Good Neighbour will bring it to you. Surgery staff bring controlled substance prescriptions separately.

#### Please note:

- We do not know who is due to be receiving a prescription, nor what you are receiving.
- We can NOT tell you a time we will be attempting a delivery, other than it will be after 2pm on a weekday.
- We can not leave a prescription if you are not in it will be returned to the surgery and we will try again the following day.
- We will take a photo of you receiving your medicines for proof of delivery - you can hide behind the door if you wish, but this is necessary to protect you and us - written acceptance is suspended due to distancing requirements. See our website for Data Protection & Confidentiality Policy on how we keep and store your information.

See <u>here</u> for more advice on safely receiving a prescription or a delivery.

## The Byfield Bunker

Under #Lockdown we all have to stay at home as much as possible, but there's still plenty going on in Byfield. We're collating all this in the <a href="Byfield Bunker">Byfield Bunker</a> on the website. so keep checking back for more ideas.

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Old Thing, New Thing - Something that is old hat to someone else, might just be an exciting new thing for you! Check here for the games, jigsaws and books you might be tempted by. We have quarantined them, so you can have them safely - we'll even bring them to you! Request via the webpage.

Share our Shed - There'll be things going wrong in our houses over the coming weeks. We can't just pop to the shop any more, but between us - we probably have everything we need in our sheds. Send an S.o.S (Share our Shed) request from this page, and let's see if we can crowdsource what you need.

<u>Dorothy's Store Cupboard</u> - Dorothy has lived through leaner times than this! If you're running out of ideas, why not ask Dorothy what she would make out of what's in your pantry and show us the yummy results!

Remotely, Together - this is where we're storing suggestion, ideas, useful links - including exercising at home for seniors and pages such as NN11 Nature: we're spending a lot of time near Byfield at the moment - perhaps exercising more than usual in the countryside. Share your images of beautiful Byfield. or suggest new spots that villagers might not know about.

<u>Kid Zone</u> - a repository of resources and ideas to keep the kids entertained - download colouring in pages to say thank-you to our binmen and posties, or see the Teddy Bear Hunt around the village. We've also got a <u>Children's Library</u> from a kind volunteer.

Byfield Bush Telegraph - whether you are on your own usually or not, this might be a particularly difficult time to show someone you care. You can leave a message for a Byfielder on our Bush Telegraph page - or a general message of positivity is just as welcome. We are also matching new friends to keep in touch with each other - let us know if

<u>Useful Numbers</u> - a repository of useful contacts for this pandemic period.

This is the village's resource - let us know what you are doing or would like to see happen - all ideas are welcome, all the more so if you can make the idea work !! Email us any time. Perhaps the famous village quizzers wants to set something for the group??

Who do you know who should be signed up to



Sign up for the Good News Newsletter

### **How to Volunteer**

New volunteers are always welcome - whether you are able to go out or are currently self-isolating. Call or email us - ideas for help they can do from home are on the website.

We have registered ourselves with Daventry District Council and Northants County Council as the local volunteering support, as well as on Mutual Aid and People Together. We understand that they will subscribe enquiries to us, but no clarity on that as yet. The NHS volunteer recruitment site is reportedly often overwhelmed, but we can put people to work for us in Byfield straight away!!

Don't forget, we expect that people will have different levels of availability throughout this time. We appreciate that you all have to make your own decisions for your own household, and if that means removing yourself from physically contributing to GN for a while, that is totally understood.

Apply <u>via the website</u> and we will get you helping your neighbours in no time!

### Supporting us financially

In response to requests for ways to support us financially, we have set up a <u>GoFundMe</u>.

We've been amazed at the response so far from villagers, both via GoFundMe and direct donations.

Not everyone wants to be public about their donations, but you know who you are, and THANK-YOU!

That has allowed us to buy and host the website for the foreseeable future, to meet the phonebill & the DBS check charges we will have to pay, plus we can buy more efficiently from our sources with this as a float.

## Who else should we be helping?

Do you know of someone who Byfield Good Neighbours could be

Encourage them to call us, or let us know and we can reach out to them.

Do your friends and family know that Byfield has a Good Neighbours Scheme - let them know that we are here for you, and that they can help us help you - for example, by setting up a PayPal account to remotely pay for shopping.

If you are on Facebook, follow us and share our posts please!

Finally, we've already supported other villages to get set up as Good Neighbours at speed, and we're more than happy to help anyone else - tell them to get in touch.

Thank-you so much for all your support,

Your Good Neighbours

Update 9/4/20 Byfield Good Neighbour Scheme



Neighbours helping Neighbours

ByfieldGNS@gmail.com

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